



UPCOMING EVENTS:

JUNE

Mon 26 to Thurs 29	Parent Teacher Interviews
Thurs 29	Stage 2 Boys & Girls Soccer Gala Day
Fri 30	Last day for Term 2

JULY

Mon 17th July	TERM 3 COMMENCES for Staff and Students
Tues 18th	Year 2 Excursion to Australiana Pioneer Village, Wilberforce

Church of St Michael's
58 Orwell Street
Blacktown South

Weekend Masses:

Sunday: 8.00am, 9.30am, 6.00pm
4th Sunday 10.45am Filipino Mass

Weekday Masses:

Mon, Tues, Thurs, Fri: 8.00am
Wed: 7.30pm

First Friday: 7.30pm

Sacrament of Reconciliation:

Wed: 7.00pm-7.25pm

Holy Hour of Adoration:

Wednesdays 6.30pm-7.30pm

Phone: 9622 9149

Website: mqofblacktown.org.au

St Michael's Primary School
155 Reservoir Road
Blacktown South 2148
Ph: 9622 9910

Website:

www.stmichaelsblacktown.catholic.edu.au

Email:

stmichaelsbikt@parra.catholic.edu.au

St Michael's Primary School

Blacktown South

NEWSLETTER

2017 - ISSUE 10

27 June 2017

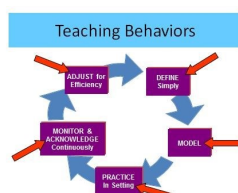
From the Principal

Every day you walk through that school gate you have the potential to build something great, you are building a **community**. Thank you. jl



Dear Presentation People,

Last week we celebrated *Our Community* through liturgical celebration, outreach and through sheer fun. Our Sacred Heart Mass was a brilliant opportunity to recognise our place within the Blacktown Community. During this celebration of Eucharist, we recognised the many students who have dedicated time to the 'Mini Vinnies.' I sincerely thank and congratulate all those who shared their time and values with our students. We also took time to acknowledge Mrs Angela Siracusa. I know how much Angela appreciated this time. I also know the importance this moment has in defining who we are and what we hold as important. Then came our very own 'Super Teachers,' our Kinder team who invited many of our families in to celebrate *100 Days*. So you see this is who we are, "In Deed not Word." Nano Nagle.

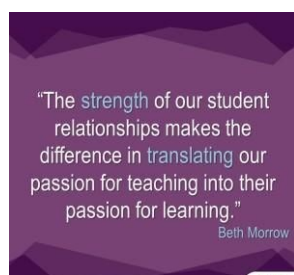


'To change behaviour appropriate behaviour must be taught, modelled, practised, and acknowledged.'

This week we will be working with Year 5 in planning a 'Launch Day' in Term 3. I believe this work in supporting student relationships, positive behaviours and building resilience may have implications for all ages and stages. We will start with some questions.

- ⇒ What is our data telling us?
- ⇒ What are the attitudes and behaviours we want to foster?
- ⇒ What attitudes and values do we hold in supporting Positive School Behaviours?
- ⇒ What skills are required in building *relationships, teams and collaborators*?
- ⇒ What skills do we need to develop?

I know that our work in building student resilience, skills in collaboration and building relationships are done in close relationship with you and all our families. I will keep you informed of our ongoing work with all students. At St.Michael's we recognise and believe that learning will not take place unless a child feels safe and happy within their learning space.



Finally, I hope that you have been able to secure an appointment with your child's class teacher. I believe that we need 100% of all families connecting with all of our teaching teams. The communication links between home and school are vital in ensuring success of all learning outcomes.

Over the holiday break we will be undertaking painting of our Father Dadswell Learning Centre and replacing the entire roof of our Nano Nagle Learning Centre.

Reflection

Litany Of The Sacred Heart Of Jesus

Jesus, Burning Heartbeat of God and Son Of Mary,

Call us to passionate discipleship.

Jesus, Merciful Heartbeat Of God,

Open us to the vulnerable and weary.

Jesus, Sacred Heartbeat of God,

Love through us

In the sacred homeland of our hearts. Amen.



“Love One Another”

John Laffan

PRINCIPAL

RE News

‘Do not be afraid’ is one of the most commonly repeated sentences in the Bible. In one form or another, the command to ‘be not afraid’ or ‘fear not’ appears several hundred times throughout the Old and New Testaments. In last Sunday’s gospel we heard of the sending out of the Twelve. It follows on from last week’s gospel in which Jesus called the Twelve and sent them out as Apostles. Jesus teaches the Twelve that the message they bear will not always be well received and there will be those who will seek to silence the Apostles through violent means. But then the teaching comes to the section of today’s passage and Jesus commands the Twelve, ‘Do not be afraid’.



The community for whom this gospel was written were on the verge of being ‘squeezed out’ and forced into secret. The passage reminds them to have courage and to have the courage of their convictions; to shout from the house-tops their message, not whisper it in darkness. It is a reminder of the abundant love of God who cares for them and sees all their efforts to continue to live out the message and ministry of Jesus.

It is equally a message for us, today. We are called to be ‘Presentation People’ to continue the spread of the gospel message; continuing the work of those early Christian communities, the Twelve and Jesus himself.

Anne Easton

ACTING ASSISTANT PRINCIPAL and RELIGIOUS EDUCATION COORDINATOR

Uniform News

The uniform shop will be closed for Stocktake on Wednesday, 28th June.

The uniform shop **will not be open** in the school holidays and will re-open Week 1 of Term 3 on Wednesday 19 July 2017.

The size 4 & 6 Bomber Jackets are back in stock!

Mel's Tasty Bites

We are sure that those children who have ordered lunches from our new canteen providers would be very pleased with the freshness, quality and taste. The Canteen will be open everyday for breakfast treats, recess and lunch orders. Please see the menu following.

Sports News

2017 St Michael's Athletics Results

800 Metres

Jnr Boys

1st	2nd	3rd	4th
Antoni Arshilo	Adam D'Sa	Daniel Cinya	Izaak Moggridge

Jnr Girls

1st	2nd	3rd	4th
Natasha Martinez	Alexis Hayward	Sofia Chahine	Bethany Xiberras

11yr Boys

1st	2nd	3rd	4th
Nicholas Sekway	Zachary Smith	Christian Mika	Sebastian Mika

11yr Girls

1st	2nd	3rd	4th
Faiza Shata	Janelle Vella	Shayleigh Eato	Alicia Micallef

Snr Boys

1st	2nd	3rd	4th
Aiden Galea	Zachary Rae Truscott	Joachim Tabone	Riley Deluca

Snr Girls

1st	2nd	3rd	4th
Yar Michael	Kiarna Tighe	Georgia O'Callaghan	Jaime O'Callaghan

100 Metres BOYS

8 years

1st	2nd	3rd	4th
Ramy Sanga	Levi Waters	Eli Boland	Barak Gok

9 years

1st	2nd	3rd	4th
Dennis Kositse	Scott Young	Aiden Pierre El-Khoury	Rubal Sraw

10 years

1st	2nd	3rd	4th
Abel Reec	Antoni Arshilo	Daniel Cinya	Adam D'Sa

11 years

1st	2nd	3rd	4th
Nicholas Sekwat	Zachary Smith	Xavier Chahine	Tyler McCann

12 years

1st	2nd	3rd	4th
Aiden Galea	Lual Lual	Jarroed Zammit	Zachary Rae Truscott

100 Metres GIRLS**8 years**

1st	2nd	3rd	4th
Josephine Dear	Chloe Bax	Loleini Taufu	Malak Oza

9 years

1st	2nd	3rd	4th
Gloria Kuri	Marli Williams	Sunita Angelo	Samara Serra

10 years

1st	2nd	3rd	4th
Edwina Shaffa	Ayak Bol	Georgia Bonello	Sivalavala Oloapu

11 years

1st	2nd	3rd	4th
Vibie Elkander	Janelle Vella	Olivia Marchione	Faiza Shata

12 years

1st	2nd	3rd	4th
Yar Michael	Angelize Estil	Georgia O'Callaghan	Cheriedan Arias

200 Metres BOYS**Jnr Boys**

1st	2nd	3rd	4th
Antoni Arshilo	Abel Reec	Daniel Cinya	Dennis Kositse

11 year Boys

1st	2nd	3rd	4th
Nicholas Sekwat	Zachary Smith	Tyler McCann	Xavier Pereira II

Snr Boys

1st	2nd	3rd	4th
Aiden Galea	Lual Lual	Zachary Rae Truscott	Jarroed Zammit

200 Metres GIRLS**Jnr Girls**

1st	2nd	3rd	4th
Edwina Shaffa	Abigale Montoya	Achol Mow	Taylee Zerafa

11 year Girls

1st	2nd	3rd	4th
Vivie Elkander	Janelle Vella	Faiza Shata	Serena Touto

Snr Girls

1st	2nd	3rd	4th
Yar Michael	Angelize Estil	Georgia O'Callaghan	Kiarna Tighe

LONG JUMP BOYS**JNR Boys**

1st	2nd	3rd	4th
Abel Reec	Daniel Cinya	Izaak Moggridge	Antoni Arshilo

11-Year Boys

1st	2nd	3rd	4th
Nicholas Sekwat	Zachary Smith	Christian Koong	Matthew Borg

Snr Boys

1st	2nd	3rd	4th
Lual Lual	Aiden Galea	Joachim Tabone	Jarrold Zammit

LONG JUMP GIRLS**JNR Girls**

1st	2nd	3rd	4th
Achol Mow	Olympia Samolis	Marli Williams	Georgia Bonello

11-Year Girls

1st	2nd	3rd	4th
Vibie Elkander	Janelle Vella	Madeleine Tabone	Mandera Elias

Snr Girls

1st	2nd	3rd	4th
Angelize Estil	Kiarna Tighe	Emma Golic	Jamie O'Callaghan

SHOT PUT BOYS**Jnr Boys**

1st	2nd	3rd	4th
Rafy Abu Ganaba	Sebastian Fenech	Michael Athanasopoulos	Kenneth Francisco

11-Year Boys

1st	2nd	3rd	4th
Nicholas Sekwat	Andoni Papadokokolakis	Ronash Alves	Xavier Chahine

Snr Boys

1st	2nd	3rd	4th
Lual Lual	Dimitri Obote	Zachary Rae Truscott	Mitchell Tauro

SHOT PUT GIRLS**Jnr Girls**

1st	2nd	3rd	4th
Georgia Bonello	Olympia Samolis	Lucy Pavlovic	Achol Mow

11-Year Girls

1st	2nd	3rd	4th
Olivia Marchione	Prisha Sharma	Janelle Vella	Vibie Elkander

Snr Girls

1st	2nd	3rd	4th
Angelize Estil	Tupou Taeiloa	Angelica ElRassi	Christine Jabe

DISCUS BOYS**Jnr Boys**

1st	2nd	3rd	4th
Sebastian Fenech	Kenneth Francisco	Rafael Vidovic	Antoni Arshilo

11-Year Boys

1st	2nd	3rd	4th
Ronash Alves	Logan Essenstam	Andoni Papadokokolakis	Danny Yazbek

Snr Boys

1st	2nd	3rd	4th
Mitchell Tauro	Dimitri Obote	Aiden Galea	Lual Lual

DISCUS GIRLS**Jnr Girls**

1st	2nd	3rd	4th
Georgia Bonello	Achol Mow	Olympia Samolis	Ruby Basha

11-Year Girls

1st	2nd	3rd	4th
Olivia Marchione	Faiza Shata	Mandera Elias	Janelle Vella

Snr Girls

1st	2nd	3rd	4th
Angelize Estil	Georgia O'Callaghan	Faith Claye	Marisa Telidis

RELAY TEAMS**JNR BOYS**

1. Abel Reec
2. Antoni Arshilo
3. Daniel Cinya
4. Adam D'Sa

SNR BOYS

1. Aiden Galea
2. Lual Lual
3. Nicholas Sekwat
4. Jarrod Zammit

JNR GIRLS

1. Gloria Kuri
2. Edwina Shaffa
3. Georgia Bonello
4. Sivalaval Oloapu

SNR GIRLS

1. Yar Michael
2. Angelize Estil
3. Georgia O'Callaghan
4. Vibie Elkander



1-2-3 MAGIC® & EMOTION COACHING PARENT COURSE

*Learn to manage difficult behavior in children
2-12 years old*

**Venue: St Michael's Primary School, Blacktown South
155 Reservoir Rd, Blacktown. Tel: 9622 9910**

The Catholic Education Office Diocese of Parramatta together with St Michael's Catholic Primary at Blacktown, are pleased to offer parents and carers in our Diocese, the 1 2 3 Magic and Emotion Coaching course.

The course is 3 sessions and will be run on the following dates:

Session 1	9.15-11.15am	Monday, 24 th July 2017
Session 2	9.15-11.15am	Monday, 31 st July 2017
Session 3	9.15-11.15am	Monday, 7 th August 2017

Course Facilitators: Tanya Cosgrave & Lynne Wainwright

Cost is \$10 per parent/couple/carer(s) to cover the cost of the parent workbook (only one required per family). This workbook will be available for purchase on the night.

Register by calling St Michael's school office on 9622 9910

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au



1-2-3 MAGIC® & EMOTION COACHING PARENT COURSE

*Learn to manage difficult behavior in children
2-12 years old*

A three-session program for parents and carers.

Venue: St Michael's Primary School, Blacktown South

155 Reservoir Rd, Blacktown Tel: 9622 9910

Learn:

- ✓ How to discipline without arguing, yelling or smacking
- ✓ How to sort behaviour
- ✓ How to handle challenging and testing behaviours
- ✓ Choosing your strategy, the three choices
- ✓ Using emotion coaching to encourage good behaviour
- ✓ 7 tactics for encouraging good behaviour

Parents will receive:

- A 1-2-3 Magic & Emotion Coaching Parent Workbook

Registration Fee?

The course costs \$10 (per parent or per couple) which covers the cost of the Parent workbook

Register for this course contacting **St Michael's School Office** on **9622 9910**

What people are saying...

What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!

I realized quickly that the 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child, who later down the line, needs excessive discipline or grow out of control

- An end to the arguing and yelling! • It saved our lives • Simple, sane, effective

This course is being run by a ParentsShop® licensed practitioner. www.parentshop.com.au



P&F



Parents & Friends Association

Facebook: St Michael's Blacktown South P&F **Email:** stmichaelspandf@gmail.com

Kristen Mobile: 0409 952 852

Leanne Mobile: 0413 546 062

Calendar of Events

2017

August

31st – Father's Day Stall

October

15th – Shopping Bus Trip

22nd – Bunnings BBQ & Cake Stall

PRC

Parents

Representative

Council - Web:

<http://www.prc.catholic.edu.au/home>

School Representative:

Michelle Williams



We are very excited to announce that we have booked a Shopping Tour for **Sunday 15th October, 2017** which is just in time to start organising yourself for Christmas.

Date: Sunday 15th October 2017

Tour Cost: \$34 (min 40) / \$37 (min 30) / \$39 (min 20) /
\$55 (min 15) paying passengers

Times: Pick Up: 7.00am Drop Off: 6.00pm

Pick up Address: School Bus Bay, Orwell Street

We are looking into the possibility of providing pre-paid lunch packs (salads / wraps, water etc.) instead of stopping for a Pub Lunch which will save \$\$ and increase our Shopping Time ☺ I will keep you updated.

How to Book:

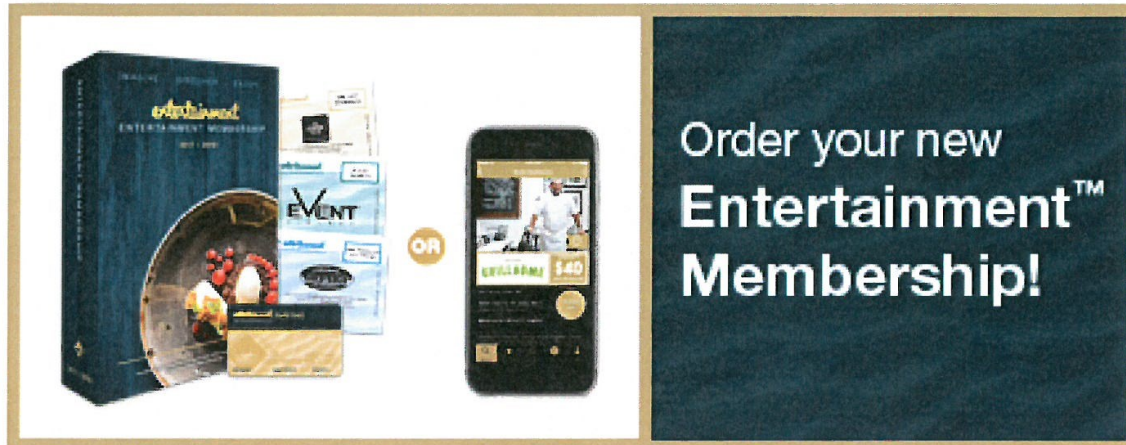
Please contact Leanne Cash (details below) to provide your details & number of people you have coming. Based on some initial feedback we've had we expect this to be popular so get in quick so you don't miss out.

Money won't need to be collected until September so you have plenty of time ☺

Leanne Mobile: 0413 546 062

Leanne Email: leannecash@gmail.com

Don't forget to ask your Family & Friends ☺

UPDATE

Help us raise some funds for the school by buying an Entertainment Membership from us. You'll receive hundreds of valuable offers for everything you love to do, and help our fundraising at the same time!

Cost: \$65 (for Sydney Greater West 2017/2018)

Purchase Digital (for your Apple or Android device) or Book:

[Click here](#) or visit:

<https://www.entertainmentbook.com.au/orderbooks/2159v74>

If you purchase the Book: See Kris at Kiss & Drop or call her direct on the mobile number at the top of the page to organise.

Not sure which one? [Click here](#) or visit:

<http://www.entertainmentbook.com.au/about/Choose-your-Membership>

2017

SCHOOL CANTEEN

ST MICHAEL'S PRIMARY SCHOOL

WINTER MENU

SANDWICH BAR (Fresh or Toasted)**Breads (G) White, Wholemeal or Multigrain**

Vegemite, Jam or Honey	\$2.20 A
Curried Egg	\$3.50 G
Egg, lettuce & mayo	\$3.50 G
Ham, cheese & tomato	\$3.60 G
Ham & Cheese	\$3.60 G
Ham & Tomato	\$3.60 G
Ham & Salad	\$4.00 G
Chicken & mayo	\$3.60 G
Chicken, lettuce & mayo	\$4.00 G
Salad	\$3.50 G

(Beetroot, lettuce, carrot, tomato & cucumber)

Tuna & sweet Chilli	\$3.50 G
Tuna, lettuce & mayo	\$3.50 G
Tuna & Salad	\$4.00 G

SUPER SALAD BOXES

Greek	\$5.00 G
<i>Tomato, Cucumber, Spanish onion, Pitted Olives, Greek Feta</i>	
Chicken Caesar Pleazer	\$5.00 G
<i>Grilled Chicken, Cos Lettuce, Egg, Cheese, Croutons</i>	
Chicken Buster	\$5.00 G
<i>Grilled Chicken, Tabouli & Hummus</i>	
Secret Garden	\$5.00 G
<i>Lettuce, Tomato, Carrot, Beetroot, Cucumber, Spanish onion</i>	
Finding Nemo	\$5.00 G
<i>Lettuce, Tomato, Spanish onion, Tuna</i>	

WRAP BAR**Sweet Chilli Chicken, Salad & Cheese – G**

Single \$2.50 --- Double \$4.50

Chicken Caesar, croutons, bacon cheese & Caesar dressing - G

Single \$2.50 --- Double \$4.50

Chicken Schnitzel, lettuce & mayo - G

Single \$2.50 --- Double \$4.50

Ham & Salad - G

Single \$2.50 --- Double \$4.50

Cheese & Salad - G

Single \$2.00 --- Double \$4.00

TURKISH BREADS - GH**Chicken Schnitzel** **\$5.50***Chicken Schnitzel, roast capsicum & cheese***Roast Chicken** **\$5.50***Roast chicken, avocado, sundried tomato & cheese***Mediterranean** **\$5.50***artichokes, roast capsicum, olives & feta cheese***Vegetarian** **\$5.50***Eggplant, roast capsicum, olives, artichokes, tomato***Rolls & Wraps** **Extra \$0.50****Gluten Free Sliced** **Extra \$1.00**

MEL'S TASTY BITES
HEALTHY CANTEEN
OPERATORS
www.melstastybites.com

EXTRAS

Avocado	\$1.00 G
Boiled Egg	\$0.80 G
Tabouli	\$1.00 G
Hummus	\$1.00 G
Lite Ham	\$1.00 G
Grilled Chicken	\$1.00 G
Lunch Bag	\$0.20
Spoon/Fork	\$0.20
Sauce Portions	\$0.30

HOME MADE BURGERS - G

Chicken Fillet Burger	\$4.50
Chicken Schnitzel Roll	\$4.50
Cheeseburger	\$4.50
Vegetarian Burger	\$4.00
Fish Burger	\$4.00

Hot Noodles & all
Ice creams, Jelly's
& Drinks ordered
for lunch are given
out when the
lunch bag is
returned to the
canteen..

HOT BAR

Spaghetti Nachos	Small \$2.70 / Large \$3.70 G
Baked Bean Nachos	Small \$2.70 / Large \$3.70 G
Beef & Bean Nachos	Small \$3.00 / Large \$4.50 G
5 x Baked Fish Fingers	\$2.50 G
Garlic Bread Roll	\$2.50 G
Baked Fish & Wedges	\$4.50 G
3 x Yummy Drummys	\$3.60 A
Yummy Drummy Roll	\$4.50 A
Curry Chicken & Rice	\$4.50 G

NOODLES - A

Beef	\$3.20
Chicken	\$3.20

HOME MADE PIZZA – G

Margarita	\$4.00
BBQ Chicken	\$4.00
Vegetarian	\$4.00
Cheesy Garlic	\$4.00

WEEKLY SPECIALS**MONDAY**

Chicken Fried Rice	\$4.50 G
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THURSDAY

Macaroni Cheese Bake	\$4.30 G
Lasagne	\$4.50 G

TUESDAY

Creamy Chicken Mushroom Pasta	\$4.50 G
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FRIDAY

Hot Dog w/ Sauce (Tom/bbq)	\$3.70 A
Chicken Breast Nugget (5)	\$4.00 A
3 x Beef Party Pies	\$3.60 A
Spaghetti Bolognese	\$4.50 G

WEDNESDAY

Chicken Schnitzel, Mash & Gravy	\$4.80 G
Gourmet Beef Pie	\$3.50 A
Gourmet Sausage Roll	\$3.50 A

HEALTHY FOOD GUIDELINES**G – Green** **A – Amber**

2017






SCHOOL CANTEEN

ST MICHAEL'S PRIMARY SCHOOL

BREAKFAST

Bacon & Egg Muffins	\$2.50 
Yoghurt & Muesli	\$2.50 
Cereal in a Bowl	\$2.50 
Toasted Cheese Jaffle ½	\$1.00 
Fresh Seasonal Fruit Pieces	\$1.00 

DRINKS

99% Juice Popper	\$2.00 
Apple, Orange, Apple & Blackcurrant	
Spring Water 350ml	\$1.50 
Spring Water 600ml	\$2.00 
Oak Flavoured Milk 300ml	\$2.50 
Chocolate, Strawberry, Vanilla Malt	
Quench Mineral Water 350ml	\$2.50 
Apple Raspberry, Lemon Lime, Orange, Lemonade	

FRESH FRUIT & TASTY BITES

Fresh Seasonal Fruit	\$1.00 
Apple, Orange, Banana	
Watermelon Cup	\$1.50 
Mixed Fruit Cup	\$2.00 
Yoghurt & Fruit Bowl	\$1.50 
Custard Bowl	\$1.50 
Grapes & Custard Bowl	\$2.00 
Jelly Bowl	\$1.20 
Jelly & Custard Bowl	\$2.00 
Red Rock Deli Chips & Smiths	\$2.00 
Honey & Soy, Sea Salt, Salt & Vinegar	
Mamee Cornitos & Rice Sticks	\$2.00 

BIRTHDAYS - CUPCAKES OR ICE-BLOCK BUCKETS
ENQUIRE WITHIN CANTEEN

LUNCH ORDERS MUST BE IN BY 8.45AM

CRUNCH & SIP



*Available Before 9am **\$2.00**





Bottle of Water 350ml plus a choice of a Apple, Banana or Orange



Mel's Tasty Bites


Healthy Canteen Operators & Catering Services

FROZEN TREATS

Frozen Yoghurt	\$1.50 
Zooper Dooper	\$1.00 
Bulla Ice-Cream	\$1.50 
Juice Cups	\$1.50 

(Apple, Orange, Apple & Blackcurrant)

HOME-MADE TREATS

Mel's Fruit Low Fat Muffins	Small \$1.50 / Large \$3.00 
Mel's Banana Bread	Half \$1.50 / Full \$2.50
Warm Banana & Custard Bowl	\$2.50

EXCURSION LUNCH PACK - \$4.50

(Ready at 8am)

- Sandwich (Cheese, Jam or Vegemite)
- Piece of Fruit (Apple, Banana or Pear)
 - Spring Water 350ml

Note: Order 1 Day before

WEEKLY MEAL DEAL

Choice of;

- Sandwich, Piece of Fruit & 350ml Spring Water - \$5.00
- Burger, Piece of Fruit & 350ml Spring Water - \$6.00
 - Lasagna & 600ml Spring Water - \$6.00

The Music Bus Free Trial Lesson



For a limited time, we're offering
new students a free trial lesson
– just to give it a go*.

Tuition in Keyboard, Ukulele,
Singing, Drums, Guitar and
Rock Band.

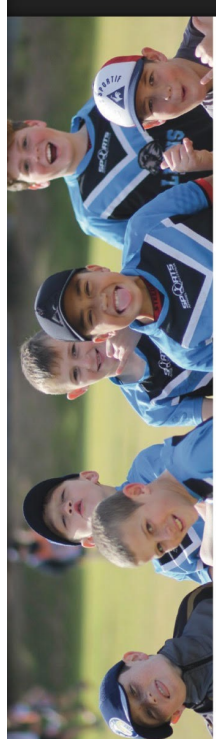
Only \$16 per week (Drums \$18)

BOOK
your child's
Free Trial
Lesson
NOW!

phone 1300 168 742
Limited space available.

www.themusicbus.com.au

*Offer available until end of term. To new students only. 1 free trial per student.



Lions League Winter Camp

Where: Patrician Brothers College,
Blacktown

When: 9am-3pm, 4th-5th July 2017

Ages: 6-13

Registration www.lionsleague.com.au

f facebook.com/lionsleague15 **@lionsleague**
info@lionsleague.com.au